



SotoDeshiWeek

Cph Aiki Shuren Dojo 2017

Experience five whole days of coordinated, intensive Aikido training in our traditional Japanese Dojo, under the tutelage of:

Ethan Weisgard Sensei, 6th Dan Aikikai

Location: Aiki Shuren Dojo, Valbygårdsvej 36A, 2500 Valby

Dates: June 19 to 23 - 2017 (monday through friday)

Price: Soto Deshi Week including party 1250,- dkk

合気修練道場

The training schedule will include bukiwaza and taijutsu. Basic knowledge of both is recommended.

Participants will also be able to choose specific areas of training they wish to focus on.

The Soto Deshi Week is open to all levels and all styles.



Further information and enrolment:
Mikkel Secher Kroner  +45 3060 4912
seminars@aiki-shuren-dojo.com

SotoDeshiWeek

Time Schedule

Soto deshi classes

	Monday 20/6	Tuesday 21/6	Wednesday 22/6	Thursday 23/6	Friday 24/6
Morning Class (bukiwaza/tai jutsu)	*9:30 – 10:30	9:30 – 10:30	*9:30 – 10:30	9:30 – 10:30	*9:30 – 10:30
Afternoon Class (bukiwaza/tai jutsu)	14:00 – 15:00	14:00 – 15:00	14:00 – 15:00	14:00 – 15:00	14:00 – 15:00
Evening Class (tai jutsu)	19:00 – 20:00	*18:00 – 19:30	19:00 – 20:00	*18:00 – 19:30	19:00 – 20:00

*These classes are our normal training schedule and will be open to all members of Copenhagen Aiki Shuren Dojo.

Party on Friday evening

After the training Friday, there will be a Party at the Copenhagen Aiki Shuren Dojo.

Optional Bukiwaza Seminar

The weekend before the Soto Deshi Week – 17/18 of June, there will be a weapons seminar in Copenhagen Aiki Shuren Dojo.

If you would like to participate in this weekend also, please send us an e-mail.

SotoDeshiWeek

Accomodation and Info

Hotels and Hostels

If you wish to stay at a regular hotel or hostel at reasonable prices, go to one of these links below:

<https://www.cabinn.com/en/cheap-hotels-frederiksberg>

<http://www.danhostel.dk/en/hostel/danhostel-copenhagen-city>

<http://www.sleepinheaven.com/>

Homestay

It is also possible to stay at a kind of homestay, where you live 4 to 6 persons in a flat.

Contact Shohreh Shahrzad on mail: shohre@shohre.dk

How to get there

Copenhagen Aiki Shuren Dojo is located at Valbygårdsvej 36A, 2500 Valby.

Please go to <http://www.aiki-shuren-dojo.com/contact-find-us/> for information on how to find our Dojo.

Payment

Payment should be made at the first day of the seminar.

If you wish to transfer the seminar fee beforehand, this can be done to Copenhagen Aiki Shuren Dojos bank account.

Please state your name when transferring.

Andelskassen MERKUR: Reg# 8401 Account# 3324607

(IBAN# DK3984010003324607) – (SWIFT/BIC# MEKUDK21)